

Table of Contents

Jesus' View of Sexual Sin.....	2
Don't Quench Your Thirst the Wrong Way!	4
Don't Get Caught in a Trap!.....	6
Watch Out for The Adulteress	7
Joseph - A Young Man with His Head on Straight.....	9
David's Prayer of Cleansing	11
Jesus Owns Your Body.....	13
Some Straight Talk for Singles.....	15
Moses and the Fleeting Pleasures of Sin	16
Living As Light.....	17
A Band of Brothers Can Help	18
A Band of Brothers (Part 2).....	19
Don't Let Friends Lead You Astray	20
Victory is Yours!	22
Don't Awaken Love	23
Thinking Ahead.....	24
A Mom Helps Her Son Think Ahead.....	25
Questions to Help Make Gospel Connections	26

Day 1

Jesus' View of Sexual Sin

Let's start our study by looking at the teaching of Jesus. His words on this subject are surprisingly clear and direct. Jesus had positive things to say about sexuality. After all, God created sex.

Read Mark 10:6-8. Jesus is talking about Adam and Eve in verse 6. In verses 7 and 8, he talks about all couples. What does Jesus say is God's perfect plan for the expression of sexuality?

Read Matthew 5:27-30 looking for what Jesus has to say about the seriousness of sexual sin. The Pharisees focused on the externals. Jesus says true righteousness is internal. What is his definition of adultery? (v. 28)

Jesus is also serious about the solution. What is his solution? (v. 29a, 30a)
Any application for you?

What is his reasoning for this severe solution? (v. 29b, 30b)

Read Mark 7:20-23. Lest we think that the problem is outside of ourselves, what does Jesus say is the source of sexual temptation?

In these next days together, we are going to seek to have the mind of Christ about this issue. Write out a prayer at the beginning of this study for the Lord to work in your heart.

Day 2

Don't Quench Your Thirst the Wrong Way!

From Solomon's point of view, the beginning of wisdom involves a warning to his son against sexual immorality. There are three parallel passages in Proverbs 5:1-23, 6:20-35 and 7:1-27. Read Proverbs 5:1-23.

What does Solomon say in his appeal to his son? (5:1-2; 6:20-23, 7:1-5)
How important does he think these warnings are?

What is true of the forbidden women? Why is she dangerous? (5:3-6)

List all the regrets a man will have who participates in immorality. (v.9-14)

When Solomon was teaching his son about this area, he compared sexual desires to a thirst. What were the positive commands that he gave his son (and us)? How is this thirst to be quenched? Notice God's positive view of sexuality. Proverbs 5:15

Proverbs 5:16-17

Proverbs 5:18-19

Solomon finishes the section by giving his son many reasons to avoid sexual sin. List the many reasons he gives. What are the reasons to avoid being captivated by the adulteress and sexual sin? After writing out each Scripture, paraphrase it in your own words.

Proverbs 5:21

Proverbs 5:22

Proverbs 5:23

What is one application from this chapter for you? Write it out. And also write a prayer out to the Lord.

Day 3

Don't Get Caught in a Trap!

In Chapter 7 of Proverbs, Solomon describes a scenario that has entrapped many young men. Using the example of others, Solomon warns his son.

How is the young man described? (v.6-9)

How is the women described? (v.10-13)

Temptation is always like bait on a hook; the attractive bait hides the hook of sin. Now that the young man has actually taken the bait, to what does Solomon compare him? (v.22-23).

Why should Solomon's son avoid sexual immorality? (v. 24-27)

Do you believe that sexual immorality is like a trap, ensnaring the naïve?
How does viewing immorality like a trap change the attractiveness of it?

Write out a prayer asking God to help you see sin as a bait that hides the hook.

Day 4

Watch Out for The Adulteress

Men are certainly capable of committing sexual sin. In fact, this is one of our weakest areas as men. But Solomon goes to great length to warn his son of a certain type of woman who entices in sexual sin. Read over the following verses. What **names** are given to her? What **characterizes** her?

Proverbs 2:16-17

Proverbs 5:6

Proverbs 6:24,

Proverbs 6:25 26

Proverbs 9:13

Proverbs 11:22

Proverbs 23:26-28

How do these verses change your perspective on women who allow themselves to be used in pornography or inappropriate movies? How does the world see these women? Though physically beautiful on the outside, what is God's view of these women and others like them?

Write a prayer asking God to give you this perspective.

Day 5

Joseph - A Young Man with His Head on Straight

Let's look how one young man handles temptation. Joseph was single and handsome. He was somewhere between 17 and 30 years old. (See Genesis 37:7, 41:46) Joseph was tempted by Potiphar's wife. Let's look at how he responded. Read Genesis 39.

What two parties would this be a sin against? (v.8-9) What can you learn about your temptation to sin?

How did he handle his first temptation? (v.10) Is there a lesson for you to learn?

How did he handle the second temptation? (v. 12) Is there a lesson for you to learn?

What was the result of doing right? (v.20-21) How might resisting sexual temptation result in suffering?

How did God later bless Joseph? (See Genesis 41)

What can you imitate from Joseph's attitude? His example? His actions? His blessing? Write out a prayer to the Lord.

Day 6

David's Prayer of Cleansing

Sin has real consequences. The most important issue is that sin disrupts our intimacy with God. Psalm 51 was written by broken-hearted David. Study it as a model of true, broken-hearted repentance. Read Psalm 51:1-17.

Summarize the points of v. 1 and 2

v. 4

v. 6

v. 7

v. 9 and 10

v. 12

v. 14-17

What is true about the Lord? What is true about David (and us)?

Rewrite the prayer in your own words. Include promises of cleansing from the New Testament like 1 John 1:9.

Day 7

Jesus Owns Your Body

The Corinthian church members had come out of all sorts of sexual immorality. In fact, *to corinthianize* meant to engage in sexual immorality. But now that they were Christians, they were different. They had been changed. But just like today, Paul (and God) had to lay down some instruction to a people who were plainly ignorant in this area.

Read 1 Corinthians 6:9-20. What is the warning of v. 9-10?

What is the command of v. 18a?

List the five reasons given.

1. v. 13b-14

2. v. 15-17

3. v. 18b

4. v. 19

5. v. 19c -20a

Review these five reasons as motivations for fleeing from sin. Which do you find most motivating? Why?

Who owns your body? (6:19, 20; 7:4) So against whom is your sexual sin?

Given all these reasons, what should you do? (v.20b)

How? (v.18)

List some practical ways to live out v.18 in your situation. Be as specific as possible. When _____ I will _____ .

How do these verse change your view of your body? Does Christ care about you do with your body?

Day 8

Some Straight Talk for Singles

Paul continues this section with some plain teaching for singles and married people. Read 1 Corinthians 7:2-9.

What is one of God's solutions to take care of sexual need? (v.2)

What word is used for sexual relations? What is the command? (v.3)

Read verse 4. When married, who has authority over your body? What does that imply about the rights of your future spouse right now?

Read verses 8 and 9. What label is given for the temptation that some singles face? What is God's word to singles? (v. 8,9)

So, what is one purpose of marriage for singles? (v.9 see also v.2)

If you are single, do you burn with passion? What is God's solution?

Do you pray for your future spouse? How can temptation motivate you to pray? How might these verses apply to your situation?

Day 9

Moses and the Fleeting Pleasures of Sin

You are not the first one to grow up in a godless culture and be called to choose the harder way. Read Hebrews 11:24-26.

What choice did Moses make? (v.25)

How does the writer describe temptation? (v.25b)

Why did he make that choice? (v. 26a)

What was he looking at? (v.26b)

Do you believe that God will reward your fight against sexual temptation?

Read James 1:12. How does looking to the eternal rewards of obedience help you handle the temptation of “the fleeting pleasures of sin” now? Do you believe the Lord will see, judge and reward individual acts of obedience?

Day 10

Living As Light

As part of the restoration to our likeness of Christ, he wants to re-form us in the areas of our passions - physical and sexual. Since we are light, we are to live like it in a dark world. Read Ephesians 5:1-6

What is the command to those who follow Christ? (v.1-2)

Now Paul applies living a life of love to one area of the Christian - sexuality. What is the difference between actual immorality, impurity, and coveting? (v. 3)

What else is prohibited? How does coarse joking degrade the beauty of what God has created? (v. 4)

What is promised for those who are sexually immoral? (v. 5-6)

List some consequences to sexual sin (guilt, STDs, broken hearts, etc.).

Will you stand as light in the culture? With your friends? Write out a prayer of commitment to stand for the light in this area of our culture.

Day 11

A Band of Brothers Can Help

We were never meant to fight sin alone. Other brothers can help us fight sin in this area.

Read 2 Timothy 2:20-21. To be useful to the Lord, what does a person need to do? What will the results be?

How was Timothy to apply this personally? What are the three commands?

2:22a

2:22b

2:22c

Read Daniel Chapter 1. How did Daniel apply these verses?

How could you apply this?

Begin praying that God would give you a band of brothers, mentors, and a close relationship with your father to talk through these issues.

Day 12

A Band of Brothers (Part 2)

Read Hebrews 3:12-13. What is the commanding verse 12? What is the command of verse 13? How can you put this in practice.

What happens if we don't encourage one another? (v. 13b)

Read James 5:16. What is the command? What is the promise?

When we confess our sins to a brother, we weaken the power of indwelling sin. Who could you confide in? Write their names here.

Often fear of man prevents us from confessing our sin. What does Luke 12:2-5 have to say about that fear of man?

Is fear of man preventing you from seeking out aid? Who should you call out to? When will you do it? What will you say? Do it!

Don't Let Friends Lead You Astray

Sometimes the hardest people to stand up to are our friends. Good friends can have had their own moment of weakness and then led others astray. Followers of Jesus are not immune from the influence of their friends. Are you prepared to stand up to temptation that may come from your friends? List some ways that temptation may come from *friends*.

Read Matthew 16:22-23. How did Peter's words give Jesus a temptation? How did Jesus handle Peter's temptation?

Was Jesus right to be so harsh? What lesson can you learn?

Read Proverbs 1:9-16. Solomon predicts this might happen to his son. What does he tell his son?

Read Exodus 23:2a. What is God's command here? What does it tell you that this command had to be enshrined in the law of God?

Read 1 Corinthians 15:33. What does this verse say? Good friends can be bad company. Are yours?

Look at the ways you said temptation might come in the first question. What will you say and do if this happens? Write out your plan.

Spend some time asking the Lord to give you strengths to stand up to others.

Day 14

Victory is Yours!

Read Galatians 5:16-24

What do you learn about the inner life of a Christian? (v.17)

What are the results of being powered by the flesh? (v.19-21)

What are the results of being powered by the Spirit? (v. 22-23)

What are the keys to victory? (v.16, 24, 25)

How can you rely more on the Spirit in your battle? Spend some time in prayer.

Day 15

Don't Awaken Love

Read Song of Solomon 8:4. What is the point being made?

What problems come from not doing what this verse says?

The intimacy of marriage is a sign and seal of the marriage commitment. However our society encourages romance and intimacy before we are ready for marriage. What are some ways our society encourages romance for young people in movies, songs, TV programs? List as many songs, movies, etc. that you can think of.

A young person is ready for romance when he or she is ready for marriage. Readiness for marriage comes when a person is ready physically, emotionally, spiritually, financially and vocationally. If God calls you to marriage, at what age do you think you will be ready for marriage? Why?

The most important thing is not finding the right person but becoming the right person. Close this time writing a prayer that you will be developing into the person God wants you to be.

Thinking Ahead

God has a wonderful plan for your life. But many believers have taken a wrong path because they refused to trust God in this area of marriage and do what his word says. Read 2 Corinthians 6:14-16.

What is the command? (v.14)

What are the reasons? (v. 15,16)

What does this verse mean when it comes to marriage? What does it mean to be unequally yoked to an unbeliever?

What does it mean to be unequally yoked to a believer not a passionate about Jesus as you?

How seriously do you think God feels about this? (See 1 Cor. 7:9, Ex. 34:16, Deut. 7:3, Ez. 9:2, 11, 12)

Are you willing to make this commitment right now? Write out a promise to the Lord right now, signing and dating your name.

Day 17

A Mom Helps Her Son Think Ahead

Do you think about and pray about your future spouse? It would be good to be praying that way now. A wise king had a mother who taught him what to look for in a wife. Read Proverbs 31:10-31. What qualities would be good to look for in a potential wife? See if you can group them into categories.

Qualities regarding her walk with the Lord:

Qualities regarding her relationship to her husband:

Qualities regarding her work:

Qualities regarding her compassion:

With these (and others) in mind, what qualities will you look for in a woman? Write out a prayer for your future wife.

Questions to Help Make Gospel Connections

The following questions, from the Christian Counseling Education Foundation (www.ccef.org), are helpful in digging below the surface to repent and find apply the gospel more specifically. **Ask these questions and journal the answers to retrain your heart and fight temptation.**

1. Describe the situation/trial you are facing. What happened? Who was involved?
2. How did you respond? What did you feel, think, say, do? What does Scripture say about these responses?
3. What did you want, fear, believe? What lies are you believing about God, yourself and others? What does Scripture say about these desires, fears, and beliefs?
4. What are the consequences?

5. How does the reality of Christ's finished work affect your circumstances and your heart? Will you turn from the lies you have practiced and believe? Will you believe the truth of the gospel?

6. What should you desire, love, fear, believe in this circumstance? What truths should you believe about God, yourself, and others? What does Scripture encourage you to desire, fear, and believe?

7. What should you feel, think, say, or do if you are loving God more than anything else?

8. What are (will be) the good consequences?

Conclusion

1. Spend some time reviewing all that you have learned in this study. Write out below the different Scriptural ideas that the Lord has taught you or reminded you of.

2. Scripture must be applied to be useful. “Blessed are those who hear my words and do them,” said Jesus. What applications will you make now that you know these things?

3. Who can you share these thought with? Your pastor? A good brother? (For young men - your father or a mentor?)